

Liturgical Year Theme Overview How do we celebrate our faith?				
Session Title	The Point	Learning Goals	Scripture	CCC
The Lord's Day	Catholics celebrate Sunday as the Lord's Day, the day of the Lord's Resurrection, as we gather together to celebrate the Eucharist. Through this worship and our Sunday rest, we honor God and renew our faith and ourselves.	Adolescents will deepen their understanding of the Jewish Sabbath and how it relates to the Christian celebration of the Lord's Day. They will consider how they honor the Lord's Day with their families and their Church community.	Psalm 18:21-29; John 20:1-18; Acts 2:42-46	1166-1167, 1193, 2174-2178, 2189-2195
The Church Year	Through the feasts and seasons of the liturgical year the Church strives to consecrate time to God, make and mark sacred moments, and connect our lives to Christ.	Youth will recognize how and why the Church marks the passage of time through the Church year, and reflect on the ways they mark time as sacred through participation in the various Church feasts and seasons.		1163-1165, 1168-1171, 1194, 1195.
Celebrating Easter	During the Easter season we celebrate in a special way Christ's Resurrection and our new life in him. We are renewed as a people of hope who seek out and share Christ's presence in this life and the next.	Adolescents will consider the new life in Christ we celebrate during the Easter season, making connections with the signs and symbols and themes of the season. They will explore the ways they encounter the Risen Christ in their lives and how this helps them be people of hope.	Luke 24:13-35; John 21:1-19; Acts 4:32-35; 1 Corinthians 15:14, 17-19	639, 641-642, 654-655, 1647, 1165-1170
Honoring Mary	We celebrate Mary as Blessed Mother, the perfect disciple, the first saint, and our model of faith, hope, and love.	Adolescents will come to a deeper understanding of Mary's role in the life of Jesus and in the Church; they will explore ways the Church honors Mary during the liturgical year.	Luke 1:26-56; John 19:25-27; Acts 1:14	495, 509, 973, 974, 1172-1173, 1195