

Sacraments Theme Overview				
How do we encounter Christ in the sacraments?				
Session Title	The Point	Learning Goals	Scripture	CCC
Encounters with the Divine	Catholics have a sacramental worldview—we believe that creation, Jesus, the Church, and the seven sacraments point us beyond ourselves and connect us to the realm of the sacred.	Adolescents will come to recognize that, in similar but different ways, we encounter God through creation, Jesus, the Church, and the seven sacraments. They will explore the meaning of sacrament in its broader and specific usages.		44, 747, 774-776, 1076, 1131
The Work of God and His People	We believe the liturgy is the work of the Trinity acting in and through human rituals, signs, and symbols.	Adolescents will gain an appreciation for the liturgy as divine action working through human rituals, which gives meaning to our lives as Catholics. They will consider the role and impact of communal ritual in their own lives.	Romans 12:1	1066-1071, 1110-1112
A Member of Christ	The Sacrament of Baptism begins a journey of faith, changing people and their relationship with God, others, and the Church, and giving them new roles and responsibilities.	Youth will come to a deeper understanding of the effects of Baptism and the implications for living out their baptismal identity as sharers in Christ's mission as priest, prophet, and king.	Matthew 28:19-20; Acts 2:38; 1 Corinthians 12:13; 2 Corinthians 5:17; 1 Peter 2:5, 9	985, 1275-1280
A Lasting Seal	In the Sacrament of Confirmation we receive a special outpouring of the Holy Spirit that unfolds throughout our lives and strengthens us to live as disciples.	Adolescents will explore the effects of Confirmation, particularly in relation to Baptism, and will identify the implications of this further initiation into the Church.	Acts 8:14-17; Romans 5:5; 2 Corinthians 1:21-22; Ephesians 1:13-14; 1 Peter 1:3-4	1295-1296, 1302-1305, 1316-1317
Source and Summit	The Eucharist defines who we are, what we believe, and how we live out that belief. It is at the very heart of our Church life.	Adolescents will come to recognize how participation in the Mass and the fruits of Holy Communion shape our identity as Catholics and connect to how we are to live on a daily basis.	Matthew 5:23-24; Luke 22:24-30; John 13:1-17; Acts 2:42-46; 2 Corinthians 5:18-20	1391-1398, 1416
Forgiven and Reconciled	In the Sacrament of Penance and Reconciliation, we experience God's mercy and forgiveness, and we reorient our hearts and lives to God's ways of mercy and reconciliation.	Youth will consider the need for and spiritual benefits of forgiveness and reconciliation with God and the Church. They will identify people who have been merciful and compassionate to them and will reflect on ways they can be merciful and forgiving in their own lives.	Psalms 86:15, 103:8, 145:8; Mark 1:15; Luke 16:11-32; John 20:22-23; 1 Corinthians 5:18-19, 12:20-21, 24-27; Ephesians 4:7	1486, 1490-1491, 1496